

Constant Therapy exercise guide

COGNITIVE EXERCISES

+ Exercises that help with everyday skills

ATTENTION	Levels
Remember the right card	3
Choose which direction	1
Find the same symbols	10
Find alternating symbols	8
Remember pictures in order (N-back)	3
Remember spoken word order (N-back)	3
Remember written words in order (N-back)	3
Remember and say numbers	5
Find alternating words	5

AUDITORY MEMORY	Levels
Match words you hear	5
Match sounds	5
Understand stories you hear +	6
Follow instructions you hear +	10
Remember spoken word order (N-back)	3
Understand voicemail +	1
Infer from voicemail +	1
Remember and say numbers	5
Say words in a category	5
Alphabetize words you hear	5

VISUAL MEMORY	Levels
Match pictures	5
Match faces	5
Match written words	5
Repeat a pattern	12
Remember the right card	3
Remember pictures in order (N-back)	3
Remember written words in order (N-back)	3

ANALYTICAL REASONING	Levels
Alphabetize written words	5
Find alternating words	5
Find words that do not belong	3
Put steps in order +	1
Alphabetize pictures	5
Read a map +	3

QUANTITATIVE REASONING	Levels
Count money +	4
Solve number patterns	5
Do clock math +	3
Say how much money +	4
Solve word problems	5
Do everyday math +	3

ARITHMETIC	Levels
Add	5
Subtract	5
Multiply	5
Divide	5

VISUOSPATIAL PROCESSING	Levels
Find the same symbols	10
Find alternating symbols	8
Decide if shapes are the same	8
Read a clock +	2
Say the time +	3
Do clock math +	3
Read a calendar +	2
Repeat a pattern	12
Read a map +	3
Find alternating words	5

SPEECH & LANGUAGE EXERCISES

+ Exercises that help with everyday skills

AUDITORY COMPREHENSION	Levels
Understand words you hear	3
Read a word you hear	1
Hear word descriptions (minimal pairs)	3
Understand stories you hear +	6
Follow instructions you hear +	10
Understand voicemail +	1
Infer from voicemail +	1

WORD RETRIEVAL	Levels
Identify picture features	3
Identify picture categories	3
Identify picture sounds	6
Identify picture rhymes	6
Count picture syllables	3
Name pictures +	3
Name verbs +	3
Describe the picture	1
Say words in a category	5

NAMING	Levels
Name pictures +	3
Name verbs +	3
Say words in a category	5
Describe the picture	1

REPETITION	Levels
Imitate words	5
Repeat words	5
Repeat numbers	4
Imitate active sentences	3
Repeat active sentences	3
Imitate passive sentences	3
Repeat passive sentences	3
Repeat complex sentences	2

ORAL READING	Levels
Read words aloud	4
Read numbers aloud	4
Read lists of numbers aloud	5
Read active sentences aloud	3
Read passive sentences aloud	3
Form and say active sentences	3
Form and say passive sentences	3
Read complex sentences aloud	2

SENTENCE PRODUCTION	Levels
Form and say active sentences	3
Form and say passive sentences	3
Describe the picture	1

TALKING ABOUT EVERYDAY THINGS	Levels
Say the time +	3
Say how much money +	4

READING COMPREHENSION	Levels
Understand written words	1
Read a word you hear	1
Identify real words	1
Identify picture categories	3
Read and identify related words	3
Find words that do not belong	3
Read word descriptions (minimal pairs)	3
Complete active sentences	2
Complete passive sentences	2
Put steps in order +	1
Read everyday things +	3
Read a paragraph +	3
Read multiple paragraphs +	3
Infer from multiple paragraphs +	3

SPELLING	Levels
Copy words (with help)	6
Copy words	6
Spell what you hear (with help)	6
Spell what you hear	6
Spell what you see (with help)	6
Spell what you see	6

PHONOLOGICAL PROCESSING	Levels
Hear word differences (minimal pairs)	3
Pick letters to match sounds	4
Pick sounds to match letters	4
Count syllables you hear	3
Identify sounds in words	6
Identify rhymes you hear	6