

## How to get started with a Constant Therapy Home Exercise Program

Gain the confidence you need to connect with others. Advance your speech and cognitive skills using an evidence-based program tailored to your unique needs.

### How to start a free 14-day trial

- 1 On the device you will be using for therapy, type in **Constant Therapy app** in the search bar of your device's app store.



- 2 Next to the Constant Therapy name, click **INSTALL** or **GET**.
- 3 Once installed, click **OPEN**.
- 4 If your clinician already signed you up for an account: Click **SIGN IN**.

Input the username and password as follows:

MY USERNAME

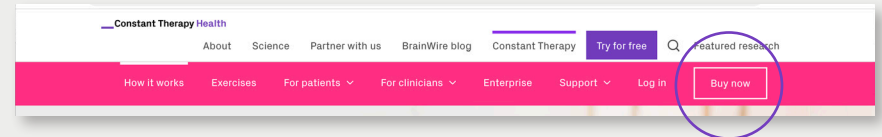
MY PASSWORD

- 5 If your clinician has NOT created an account for you, create one now by clicking **CREATE ACCOUNT** and following the prompts.

### How to SUBSCRIBE, activate your promo code, and save

When you are ready to subscribe and apply your promo or coupon code, take the following steps:

- 1 Go to <https://constanttherapyhealth.com/constant-therapy/> and click the **BUY NOW** button in the top navigation bar.



- 2 Decide which plan you'd like to subscribe to – **Monthly or Yearly**– and enter the following promo code and click button **APPLY** to save:

Promo code

- 3 Your savings will be applied. Now click **GET STARTED** and proceed to the payment screen.
- 4 Congratulations on taking the first step towards your therapy goals! Be on the lookout for emails to help you make the most out of your Constant Therapy app.