

Recommended exercises by impairment level

Mild – Moderate – Severe

Constant Therapy Exercises for mild impairment

AUDITORY + VISUAL MEMORY	
Constant Therapy exercise	Levels
Remember and say numbers	3-5
Alphabetize words you hear	3-5
Remember spoken word order	2-3
Understand stories you hear	4-6
Match words you hear	5
Match sounds you hear	5
Follow instructions you hear	5-10
Infer from voicemail	1
Remember pictures in order (N-back)	2-3
Remember written words in order (N-back)	2-3
Repeat a pattern	5-12
Remember the right card	3
Match written words	5
Match faces	5
Match pictures	5

AUDITORY COMPREHENSION	
Constant Therapy exercise	Levels
Follow instructions you hear	5-10
Infer from voicemail	1
Understand stories you hear	4-6

SPEECH INTELLIGIBILITY	
Constant Therapy exercise	Levels
Form and say passive sentences	3
Repeat complex sentences	1-2
Remember and say numbers	3
Read complex sentences aloud	1-2

READING COMPREHENSION	
Constant Therapy exercise	Levels
Read multiple paragraphs	2-3
Infer from multiple paragraphs	1-3

ATTENTION	
Constant Therapy exercise	Levels
Find the same symbols	10
Find alternating symbols	5-8
Find alternating words	3-5
Remember and say numbers	3-5
Remember pictures in order (N-back)	2-3
Remember spoken words in order (N-back)	2-3
Remember written words in order (N-back)	2-3
Remember the right card	3

PROBLEM SOLVING	
Constant Therapy exercise	Levels
Do everyday math	3
Alphabetize written words	3-5
Alphabetize pictures	5
Solve number patterns	5
Solve word problems	5
Do clock math	3

VISUOSPATIAL PROCESSING	
Constant Therapy exercise	Levels
Find the same symbols	10
Read a map	3
Decide if shapes are the same	6-8
Do clock math	3
Repeat a pattern	5-12
Find alternating symbols	5-8
Find alternating words	3-5

Constant Therapy Exercises for moderate impairment

AUDITORY + VISUAL MEMORY	
Constant Therapy exercise	Levels
Remember spoken words in order (N-back)	1
Understand stories you hear	3
Match words you hear	3
Match sounds	3
Follow instructions you hear	2-4
Understand voicemail	1
Remember pictures in order (N-back)	1
Remember written words in order (N-back)	1
Repeat a pattern	3-4
Remember the right card	2
Match written words	3
Match faces	3
Match pictures	3
Remember information about a person	1

READING COMPREHENSION	
Constant Therapy exercise	Levels
Read words aloud	4
Read active sentences aloud	3
Read lists of numbers aloud	2-3
Put steps in order	1
Read everyday things	1-3
Read a paragraph	1-3
Find words that do not belong	1-4
Put concepts in order	1

ATTENTION	
Constant Therapy exercise	Levels
Find the same symbols	6-9
Find alternating symbols	1-4
Find alternating words	1-2
Remember the right card	2
Remember pictures in order	1
Remember spoken word order	1
Remember written words in order (N-back)	1

SPEECH INTELLIGIBILITY	
Constant Therapy exercise	Levels
Repeat words	3
Read words aloud	4
Read numbers aloud	3-4
Repeat numbers	3-4
Name pictures	2-3
Read verbs	1-3
Say the time	1-3
Say how much money	1-4
Say words in a category	1-2
Read active sentences aloud	1
Read lists of numbers aloud	1-3
Imitate active sentences	3
Remember and say numbers	1-3
Form and say active sentences	2-3

PROBLEM SOLVING	
Constant Therapy exercise	Levels
Do everyday math	2
Alphabetize written words	5
Alphabetize pictures	3-4
Solve number patterns	3-4
Solve word problems	3-4
Do clock math	2
Add	3-4
Subtract	3-4
Multiply	3-4
Divide	3-4

WRITTEN EXPRESSION	
Constant Therapy exercise	Levels
Spell what you hear	5-6
Spell what you see	5-6

VERBAL EXPRESSION	
Constant Therapy exercise	Levels
Repeat words	3
Read words aloud	4
Read numbers aloud	3-4
Repeat numbers	3-4
Name pictures	2-3
Name verbs	1-3
Say the time	1-3
Count money	1-4
Identify picture categories	1
Identify picture sounds	5-6
Say words in a category	1-2
Read active sentences aloud	1
Read lists of numbers aloud	1-3
Imitate active sentences	3
Remember and say numbers	1-3
Form and say active sentences	2-3

VISUOSPATIAL PROCESSING	
Constant Therapy exercise	Levels
Find the same symbols	6-9
Read a map	1-2
Decide if shapes are the same	3-5
Read a clock	1-3
Say the time	1-3
Repeat a pattern	3-4
Find alternating symbols	1-3
Find alternating words	1-2
Read a calendar	2

Constant Therapy Exercises for severe impairment

AUDITORY + VISUAL MEMORY	
Constant Therapy exercise	Levels
Remember and say numbers	1
Understand stories you hear	1
Match words you hear	1-2
Match sounds	1-2
Follow instructions you hear	1
Repeat a pattern	1
Remember the right card	1
Match written words	1-2
Match faces	1-2
Match pictures	1-2

READING COMPREHENSION	
Constant Therapy exercise	Levels
Identify real words	1
Read a word you hear	1
Understand written words	1
Identify picture categories	1
Read and identify written words	1
Identify picture features	1-3
Read words aloud	1
Read numbers aloud	1-2

WRITTEN EXPRESSION	
Constant Therapy exercise	Levels
Spell what you hear	1
Copy words	1
Spell what you see	1

PROBLEM SOLVING	
Constant Therapy exercise	Levels
Alphabetize written words	1
Count money	1
Say how much money	1
Alphabetize pictures	1
Do clock math	1
Add	1
Subtract	1
Multiply	1
Divide	1

PHONOLOGICAL PROCESSING	
Constant Therapy exercise	Levels
Hear word differences (minimal pairs)	1-3
Pick letters to match sounds	1-4
Pick sounds to match letters	1-4
Identify sounds in words	1-6
Identify rhymes you hear	1-6
Count syllables you hear	1-3

VERBAL EXPRESSION	
Constant Therapy exercise	Levels
Identify picture features	1-3
Count picture syllables	1-6
Identify picture rhymes	1-6
Imitate words	1-2
Read words aloud	1
Name pictures	1

SPEECH INTELLIGIBILITY	
Constant Therapy exercise	Levels
Imitate words	1
Read words aloud	1
Read numbers aloud	1
Repeat numbers	1
Name pictures	1

AUDITORY COMPREHENSION	
Constant Therapy exercise	Levels
Understand words you hear	1-3
Read a word you hear	1
Understand stories you hear	1
Follow instructions you hear	1

VISUOSPATIAL PROCESSING	
Constant Therapy exercise	Levels
Find the same symbols	1-3
Decide if shapes are the same	1-3
Read a clock	1
Repeat a pattern	1
Read a calendar	1

ATTENTION	
Constant Therapy exercise	Levels
Choose which direction	1
Remember the right card	1
Find the same symbols	1-3